SPORTENZIA

USER GUIDE

BIKE MOUNT FOR TABLETS AND SMARTPHONES

A cradle with a spring-loaded jaw that holds a device of 4 to 12 inches, mounted on a ball joint and a thumbscrew clamp for a tube of 18 to 50 mm. Made for exercise bikes and home training. Mounting, fitting, adjustments and care.



REF. TA1 · DEVICES FROM 4 TO 12 INCHES · TUBE OF 18 TO 50 MM

01 · MOUNTING

CONTENTS, COMPATIBILITY, SETTING UP

In the box

- The universal mount: an ABS cradle with feet at the bottom, a spring-loaded jaw at the top, rubber pads, and the ball joint socket on the back.
- The handlebar kit: a hinged clamp with its thumbscrew, extended by the ball joint and its locking ring.

What it takes

Smartphones and tablets from **4 to 12 inches** (models on page 2). The clamp closes on a round tube of **18 to 50 mm**: the handlebar of an exercise bike, an elliptical or a treadmill, or a road bike bar.

Setting up

1. **Fit the clamp** on the tube: unscrew the thumbscrew, open the hinge, close the clamp around the tube, rubber pad against the metal, and tighten the thumbscrew by hand, no tools.
2. **Fit the cradle** onto the ball joint: slide the ball joint plate into the socket on the back of the cradle, then screw on the locking ring without tightening it fully.
3. **Place the device** bottom first into the feet, screen towards you. Pull the top jaw against its spring, then release it onto the top edge: it must grip the edge, not a button.
4. **Aim the screen** on the ball joint: portrait or landscape, tilted towards your eyes in your training position. Then tighten the locking ring firmly.
5. **Shake the assembly** while stationary, then the device in the cradle: nothing should move. If it does, tighten the thumbscrew or the ring, or re-centre the device.

Specifications

Devices	**4 to 12 inches**	Tube	**18 to 50 mm across**
Rotation	**360° on ball joint**	Material	**ABS, rubber pads**
Hold	**Feet and spring-loaded jaw**	Mounting	**Thumbscrew clamp, no tools**
Contents	**Mount and handlebar kit**		

BEFORE PEDALLING

- Check the hold while stationary by shaking the mount, then the device. A jaw resting on a button lets go at the first vibration.
- A tablet belongs indoors, on a fixed machine. On the road, stick to a smartphone, and stop for any handling.
- The charging cable must not hang towards the pedals: run it along the tube and tie it.

02 · DAY TO DAY

COMPATIBLE DEVICES, ADJUSTMENTS, CARE

Compatible devices

BRAND	MODELS
Apple	iPhone 6, 7, 8, X, XR, XS, 11, 12, 13, 14, 15, all Pro, Plus and Max sizes; iPad mini (all generations), iPad 9.7", 10.2" and 10.9", iPad Air up to 11", iPad Pro 11"
Samsung	Galaxy S8, S9, S10, S20, S21, S22, S23, S24, Ultra included; Galaxy Note 8, 9, 10, 20; Galaxy A (A30, A50, A70, A90 and others); Galaxy Tab A from 7" to 10.5", Galaxy Tab S up to 11"

Other brand: the mount suits it if the device measures 4 to 12 inches and the jaw grips its edge without covering a button.

Adjustments

Portrait, landscape — Loosen the ring, turn the cradle on the ball joint while supporting the device with one hand, tighten again.

Tilt — Same move, tilting the cradle: the screen should read without lowering your head, without glare from a window or ceiling light.

Height — Change it by moving the clamp along the tube: thumbscrew loosened, clamp moved up, thumbscrew tightened again.

If something goes wrong

SYMPTOM	LIKELY CAUSE	FIX
Device slips in the cradle	Jaw off the edge, damp pads	Re-centre the device, wipe the pads
Cradle tips under the weight	Locking ring loose	Tighten the ring, bring the device closer to the tube
Clamp turns on the tube	Greasy tube, loose thumbscrew	Clean the tube, tighten the thumbscrew



The tablet held by the feet and the spring-loaded jaw, the clamp tightened by its thumbscrew.

Removal and care

- To take the device back, pull the jaw upwards and lift it out from the top. To remove the mount, unscrew the clamp thumbscrew.
- After the session, wipe the cradle and the pads: sweat attacks the rubber and lets the device slip.
- Check the thumbscrew and the ring from time to time: vibration loosens them.

GOOD TO KNOW

- The mount holds the device, it does not protect it from the machine falling or from a knock: on a tube that vibrates hard, prefer a smartphone to a tablet.
- The cradle opens in height with the jaw: a smartphone and a tablet take turns without dismantling anything.

Need help?

sportenzia.com/pages/contact

Our team answers your questions about mounting and compatibility.