SPORTENZIA

USER GUIDE

# WHITE AERO SOCKS, PACK OF 2 PAIRS

Two pairs of white cycling socks. The calf is ribbed fabric with a non-slip silicone band, and the foot is breathable knit. This guide covers choosing your size, putting the socks on, the first wash, care and fixing common problems.

**REF. PACK2CHAEROBL3741** · SIZES 37-41, 42-44, 45-47 · POLYESTER CALF, NYLON FOOT



01 · GETTING STARTED

## CONTENTS, SIZE, PUTTING THEM ON

### In the pack

- Two pairs of white AERO socks, 4 socks in total.
- The calf is ribbed, striped fabric. A non-slip silicone band runs inside the top of the cuff.
- The foot is breathable knit, with a Y-shaped heel, arch support and a seamless toe.

### Choosing your size

There are three sizes: **37-41**, **42-44** and **45-47** (EU shoe sizes). Choose by your shoe size. The cut is close-fitting and stretchy: the sock should follow your foot and calf without wrinkles.

### Putting them on

1. **Gather the sock** down to the heel. This lets you put it on without pulling on the leg.
2. **Position the heel** in the hollow of your heel (this is the Y shape). The seamless toe should sit at the end of your toes.
3. **Roll up the leg** over your calf. Keep the ribs straight and vertical.
4. **Settle the silicone band** flat against your skin, with no folds. Do not turn the top over: the band must stay on the inside.
5. **Check inside the shoe** that there are no wrinkles under the arch or at the heel before fastening the shoe.

### When to wear them

These socks are made for road cycling, time trials and racing. Inside a cycling shoe, the seamless toe limits rubbing. The arch support keeps the sock stable around the foot, and the breathable knit draws moisture away during hard efforts.

### Specifications

| | | | |
|---|---|---|---|
| Contents | **2 pairs** | Calf | **92% polyester, 8% elastane** |
| Foot | **97% nylon, 3% elastane** | Grip | **Non-slip silicone band** |
| Structure | **Y-shaped heel, arch support** | Toe | **Seamless** |
| Fit | **Close-fitting, stretchy** | Colour | **White** |
| Use | **Road, time trial, racing** | | |

**BEFORE YOUR FIRST RIDE**

- Wash the socks before wearing them. On delivery, a fine anti-stick powder may coat the silicone band and reduce its grip.
- For this first wash, keep them away from coloured clothing, which could run onto the white.
- Wash each pair in a mesh bag so the socks stay together.

02 · DAY TO DAY

# RIBS, CARE, TROUBLESHOOTING

## What the ribs do

The leg has vertical ribs. They change how air flows around the calf to reduce drag. The stated saving, up to 3 W, was measured in a wind tunnel. It varies with speed, position and conditions, and is not guaranteed for every rider. For the ribs to work, the leg must stay straight, without twists or wrinkles.

## Washing and care

- Machine wash at 40 °C maximum on a delicate cycle, ideally with white laundry.
- Do not use bleach or a tumble dryer. Dry in open air, away from any heat source.
- Do not dry clean.
- If needed, iron on a low setting and keep away from the silicone band.
- Alternate the two pairs so each has time to dry fully between rides.

## If something goes wrong

| SYMPTOM | LIKELY CAUSE | FIX |
|---|---|---|
| Sock slides down the calf | Powder on a new band, oily skin or cream | Wash before first use, place the band on clean, dry skin |
| Ribs twist around the calf | Leg pulled up with a twist | Roll the leg down and pull it up straight |
| Wrinkles under the foot or at the heel | Heel badly placed, size too large | Reposition the Y-shaped heel, check the size |
| Rubbing inside the shoe | Wrinkle in the foot of the sock | Take the shoe off, smooth the foot of the sock |
| Mark or discomfort under the band | Size too small, band folded | Lay the band flat, try the next size up |
| Band grips less | Heat: tumble dryer, radiator, iron | Air dry, do not iron the band |
| White turns grey | Washed with colours | Wash with white laundry, no bleach |



*The silicone band, inside the top of the leg, sits flat against the skin.*

**DO NOT**

- Use bleach, a tumble dryer or dry cleaning.
- Put a hot iron on the silicone band.
- Pull on the band to put the sock on: hold the leg by the fabric.
- Turn the top of the sock over: the band only grips against the skin.
- Keep wearing a sock that irritates: take it off if your skin reddens under the band.

Keep the ribs straight and the band flat: the sock stays in place to the end of the ride.

## Need help?

**sportenzia.com/pages/contact**

Our team answers your questions about sizing and care.