SPORTENZIA

USER GUIDE

DAREVIE AERO CYCLING MITTS

Road and gravel mitts. The back is made of fabric with raised stripes, and the palm is padded with perforated foams of different densities. This guide covers sizing, putting them on, care and troubleshooting.

REF. DAREVGLOWHIAERO · ULTRA PALM PALM · INSIDE ≈ 11 × 12.2 CM



01 · GETTING STARTED

SIZE, FIT, FIRST RIDE

What the mitts do

The padded palm spreads the load of your hands on the bar and damps vibration. Its non-slip coating keeps your grip. The striped back and the breathable mesh on the thumb and back carry heat and sweat away. Your fingers stay free for brakes and shifters.

Sizing and fitting

1. **Measure your hand** flat, fingers together. Take the width of the palm across the knuckles, without the thumb.
2. **Compare** with the inside palm width of the mitt, ≈ 11 cm. Its inside height is ≈ 12.2 cm. A much wider hand will feel cramped.
3. **Put the mitt on** white side on the back of your hand, sliding each finger into its opening. There is no fastener: the mitt simply slips on.
4. **Settle the palm** by pulling on the cuff. The foams should sit under the heel of your hand and at the base of the fingers, without creases.
5. **Test on the bar** while stationary, on the tops and then on the hoods. You should feel no pressure point and no numbness.
6. **Take it off** by gently pulling each finger, then rolling back the cuff. Avoid pulling on the edge of the cuff alone.

GETTING THE FIT RIGHT

- Snug, not tight: a loose mitt lets the foams slide under your hand.
- Your fingers should bend freely on the hoods, without the fabric pulling between them.
- A mitt that already feels tight when you try it on will stay too small on the bike.

Specifications

Type	**Fingerless mitts**	Use	**Road, gravel**
Palm	**ULTRA PALM**	Padding	**Multi-density foams**
Insert	**Hybrid Cell, 200 kg/m³**	Grip	**Non-slip**
Back	**Raised stripes**	Ventilation	**Mesh, thumb and back**
Inside	**≈ 11 × 12.2 cm**		

ON THE ROAD

- Your fingers are bare: in a fall, the mitt does not protect them.
- In the rain, check your grip on the brakes before a descent. A wet palm or bar tape grips less.
- If your fingers go numb, stop and take the mitt off: it is too tight or badly placed.

02 · DAY TO DAY

PALM, CARE, TROUBLESHOOTING

The palm, layer by layer

LAYER	ROLE
Perforated foam 60 kg/m³	Softest, for comfort against the hand
Perforated foam 80 kg/m³	Firmer, keeps the feel of the bar
Hybrid Cell insert 200 kg/m³	Densest, under the pressure points
Non-slip coating	Grip on the bar tape

Washing and care

- Machine wash at 40 °C on a delicate cycle, ideally in a laundry bag.
- Wash dark colours separately to keep the white clean.
- Dry in the open air, flat and out of the sun.
- After a wet or very hot ride, let the mitts dry before storing them. Do not leave them balled up in a bag.
- If needed, use a cool iron, but not on the printed logo.

If something goes wrong

SYMPTOM	LIKELY CAUSE	FIX
Numb fingers	Palm badly placed, mitt too tight	Reposition the palm. If it persists, contact us
Creases in the palm	Mitt not pulled on properly	Take it off and refit it, pulling on the cuff
Hands slip	Greasy or wet palm or bar tape	Wipe the bar tape, wash the mitts
Odours	Dried sweat	Wash more often, dry in the open air
Flattened or misshapen foams	Dried with heat	Always dry in the open air



The perforated foams and the dense insert, under the non-slip coating of the palm.

DO NOT

- No tumble dryer and no radiator: heat distorts the foams.
- No bleach and no dry cleaning.
- Do not iron directly over printed areas.

GOOD TO KNOW

- Regular washing stops dried sweat from stiffening the fabric and clogging the palm.
- Check the seams between the fingers and at the cuff now and then: a loose stitch is easier to repair early.

Need help?

sportenzia.com/pages/contact

Our team answers your questions about sizing and care.

A well-fitted mitt is one you forget about: that is how you know it fits your hand.

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