SPORTENZIA

FITTING GUIDE

MEROCA BAR END PLUGS

A pair of expanding bar end plugs that close off the ends of the handlebar and hold the bar tape or grips in place. Fitting, checking and removal.

REF. BO2 · HANDLEBARS 22 TO 24 MM · AL6061 AND ABS, 19 G PER PAIR



Before fitting

Each plug combines an aluminium cap, an ABS expanding body and an M4 × 34 mm socket head screw: have a suitable **Allen key** ready. On a road or gravel bar, finish the bar tape by tucking it into the tube. On a flat bar, fit the grips first.

1. **Loosen the screw** a few turns: the body should be straight, legs drawn in.
2. **Insert the plug** into the end of the bar, in line with the tube, until the cap sits against it.
3. **Tighten the screw** while holding the cap. The legs spread and press the plug against the inside wall of the tube.
4. **Stop without forcing** as soon as the plug no longer turns by hand: overtightening strains the plastic.
5. **Check** by pulling and twisting the plug: it must not move. Fit the second one the same way.

To remove it

Loosen the screw a few turns, push on its head to free the cone, then twist the plug out.



Left, legs spread by tightening; right, body at rest.

TIP

Tuck the bar tape flat into the tube, with no extra bulk: the plug goes in straight and grips the tape, which can no longer unwind.

Specifications

Compatibility	**22 to 24 mm**	Use	**Road, gravel, MTB**
Fixing	**Internal expansion**	Screw	**M4 × 34 mm**
Material	**AL6061 + ABS**	Weight	**19 g per pair**
Colour	**Black**		

ON THE ROAD

- Do not ride with open bar ends: in a fall, the bare tube can injure.
- Check the plugs are tight after the first rides and after any fall.

IF SOMETHING GOES WRONG

- Plug turns or works loose: tighten a little more; plug will not go in: loosen the screw further.
- Screw spins freely: remove the plug, screw the cone back on a few turns, refit.

Care

- Changing tape or grips: remove the plugs first, refit them afterwards.
- Clean with soapy water and a soft cloth, no solvents.
- Damaged screw: replace it with an M4 screw of the same length.

Need help?

sportenzia.com/pages/contact

Our team answers your questions about fitting.

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