SPORTENZIA

FITTING GUIDE

MEROCA BAR END PLUGS

A pair of expanding plugs that close off the ends of the handlebar and hold the bar tape in place. Fitting, tightening and checks.

REF. BO12 · 22 TO 24 MM HANDLEBARS · AL6061 ALLOY, M4 SCREW



Before fitting

- Check that your handlebar is compatible: 22 to 24 mm bars, road, gravel or MTB.
- Have a hex key (Allen key) that fits the screw head.
- Remove the old plug if there is one, and tuck any excess bar tape into the tube.

Fitting the plugs

1. **Loosen the screw** a few turns: the plastic cone must be at rest, its fingers not spread.
2. **Push the plug in** to the end of the handlebar until the cap sits against the tube or the bar tape.
3. **Tighten the screw** with the key: it spreads the cone against the inside of the bar. Stop as soon as the plug no longer turns by hand, without forcing.
4. **Check it holds** by pulling and twisting the cap: it must neither move nor come out. Fit the second plug the same way.
5. **To remove it,** loosen the screw several turns, press lightly on its head to free the cone, then pull the plug out.

DO NOT

- Force it when tightening: the screw can be damaged and the cone can split.
- Overtighten in a carbon handlebar: the expander presses on the wall, tighten just enough for the plug to hold.
- Use a worn or wrong-sized key: it damages the screw head.

Care

- Check the plugs hold from time to time, and after a fall or after transporting the bike.
- Clean the cap with soapy water and a soft cloth, without abrasive products that would scratch the finish.
- After changing the bar tape, refit the plugs following the same steps.

Specifications

Compatibility	**22 to 24 mm**	Fixing	**Internal expander**
Screw	**M4 × 34 mm**	Material	**AL6061 + ABS**
Weight	**19 g per pair**	Contents	**2 plugs, screws included**

SAFETY

- Do not ride with open bar ends: in a fall, a bare tube end can cause injury.
- If a plug turns or comes out, tighten it again before riding on.

If something goes wrong

SYMPTOM	FIX
Plug will not go in	Loosen the screw, tuck the bar tape in
Plug turns or comes out	Tighten the screw gradually
Still loose, screw tight	Handlebar outside the 22 to 24 mm range

Need help?

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Our team answers your questions about fitting.

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